



## Breakfast

Available from 8am - 2pm

**PORRIDGE WITH GRANOLA AND BERRIES** 2 7 £4.50

**GRANOLA, FAT FREE YOGURT & FRUIT TOPPINGS** 2 7 £6.00

**Choose from:**

Banana, blueberries, strawberries, raspberries

### Breakfast Baps

**SAUSAGE** 2 7 14

£4.75

**BACON** 2 7

£4.75

## Available from 12pm

**SOUP OF THE DAY**

£5.95

Served with a bread roll

**SHARING NACHOS** 4 7

£8.95

Loaded with tomato salsa, guacamole, melted cheddar, sour cream and coriander.

**PITTA BREAD AND RED PEPPER HUMOUS** 2 12

£5.95

**CHICKEN CAESAR SALAD** 2 4 7

£11.95

Baby gem lettuce, bacon, croutons, grated parmesan, caesar dressing

**GREEK SALAD** 7 14

£8.95

Seasonal leaves, feta cheese, onion, tomato, olives, olive oil and red wine vinegar

**JACKET POTATOES**

£5.50

All served with a side salad

**Choose from:**

Cheese and onion 4 7

Tuna mayonnaise 4 5

Beans

Cheese and beans 7

**FISH FINGER BUTTY** 2 4 5 7

£6.95

On a crusty roll with Tartare Sauce. Choose from salad or fries.

## Sandwiches

All served on a crusty roll with a side salad.

**CHEESE & ONION** 2 4 7

£4.95

**TUNA MAYONNAISE** 2 4 5 7

£4.95

**HAM** 2 7

£4.95

Some of our food may contain allergens.

Celery	Cereals containing gluten	Custaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
1	2	3	4	5	6	7	8	9	10	11	12	13	14

## Burgers

All served with regular fries or sweet potato fries

**BREADED CHICKEN BURGER** 1 2 4 7 12 £9.95

Sesame burger bun, cheddar, lettuce, tomato and bbq sauce

**PULLED PORK BURGER** 1 2 4 7 12 13 £12.95

Sesame burger bun, pulled pork in bbq sauce with gem lettuce and Asian slaw

**SPICY BEAN BURGER** 2 4 7 12 £9.95

Sesame burger bun, tomato salsa, lettuce

## Kids Meals

**FISH FINGERS, CHIPS, BEANS & A FRUIT SHOOT** 2 5 £6.50

**CHICKEN GOUJONS, CHIPS, BEANS & A FRUIT SHOOT** 2 £6.50

## Pizza

Available from 4pm weekdays 12pm on weekends

**GARLIC DOUGH BALLS** 2 7 £5.50

**CROWD PLEASER** 2 7 £9.50

Tomato base, oregano, fior di latte

**STRAIGHT FROM THE GROUND** 2 7 £10.50

Tomato base, oregano, fior di latte, mushrooms, red pepper, red onion

**PEP TALK** 2 7 £10.00

Tomato base, oregano, fior di latte, pepperoni

**EXTRA TOPPINGS** £1.50 each

Ham, nduja, peppers, mushrooms, red onion, chilli flakes, chilli, jalapeño, chicken

## Light bites

**SKINNY FRIES** £3.50

**SWEET POTATO FRIES** £3.50

**TOASTIES** £3.00

**Choose from:**

Ham and Cheese 2 7

Cheddar and Mozzarella 2 7

Cheddar and Onion 2 7

Pepperoni and Mozzarella 2 7

Members discounts available, please ask a member of staff.

# Brooklands

HEALTH CLUB

Members discounts available, please ask a member of staff



[www.brooklandshealthclub.co.uk](http://www.brooklandshealthclub.co.uk)